

March 2019

Pearsall ISD

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Aloha Pearsall ISD Family,

Wow, it is hard to believe that we have now started the 5th Six Weeks of the school year – there are 12 weeks of school left. We have about four weeks left until we begin our first round of STAAR testing for the spring semester. We recognize all of you who are putting in a lot of time, hard work, and dedication into providing our students with what they need to be successful. Also, thank you to all who are assisting with focusing on improving students' reading skills and providing after school tutorials.

Additionally, there have been recent concerning trends growing with social media, to include cyberbullying and inappropriate online videos and websites. We ask that all employees remain diligent with monitoring our student's online safety. We have asked parents to assist us by doing the same with their children. If you have concerns about the safety of one of our students, please communicate it accordingly to an administrator, counselor, or police officer.

Thank you all for your continuous support and dedication to the students of Pearsall ISD!

Subscribe to News from the Teacher Retirement System of Texas (TRS)

Are you in the know with information from TRS? Here is some information about how to stay up to date with TRS. TRS sends important information out every month in the publications *The Pulse* and *TRS News*. If you are not receiving these publications through email you are missing out on legislative announcements, webcasts, information about tools and resources, and more.

It is easy to subscribe! Anyone, not just TRS members, can register. Anyone who has internet access (via a computer or a mobile device such as a smart phone or tablet) may subscribe. Click on [SUBSCRIBE](#) and enter your email address. It's that easy! Once you subscribe you will receive an email confirmation from TRS. By clicking on the [SUBSCRIBE](#), you will also have access to an instructional video and FAQ's that answer your questions about the subscription process.



Important Dates

March 4-8

Texas Public Schools Week

March 11

Spring Break

March 21

G/T Showcase

March 22

Early Release/Staff Planning

March 27

School Board Meeting

[PISD Calendar of Events](#)

Important News

The Texas 86th Legislative Session is in full effect. As educators, it is important to be informed and remain up to date with current legislative topics and priorities. Here are a couple of links to help you with this:

- [Texas Tribune's 86th Legislative Session Topics](#)
- [2019 TASA Legislative Priorities](#)

Healthy Habits Challenge Sponsored by TRS and Aetna

TRS and Aetna are excited to announce their newest wellbeing group challenge. The Healthy Habits Challenge and the easy-to-use, free-of-charge wellbeing portal at www.tractivecarelivehealthychallenge.com are open to all TRS-ActiveCare employees who are part of the Aetna health plan.

Why the Healthy Habits challenge? Fad diets and exercises don't work because they aren't sustainable. During this six-week challenge, you will learn to develop healthy routines that keep you eating, sleeping and moving well, each and every day.

Registration is open at www.tractivecarelivehealthychallenge.com from March 4–29, and the challenge runs March 25–May 5. If it is your first time on the portal, you will need to create an account. Employees can register as individuals or in teams of 2–10; there is no limit on the number of teams from a district.

This challenge is about enhancing your overall wellbeing. You will have the opportunity to track daily activity minutes, daily hours of sleep, daily water intake (in ounces), and input your weight once each week.

Prizes will be awarded at the end of the challenge. The first 1,500 participants to register will receive a t-shirt. Participants who track each week of the challenge will enter a drawing and up to 400 winners will receive 5,000 credits in the Rewards Mall. All team captains with at least four team members (including the captain) will enter a drawing and up to 50 winners will receive an additional 5,000 credits in the Rewards Mall.

Remember, the portal provides recipes, workout videos and additional resources to help employees along their personal wellbeing journey. Even better, these resources are available to everyone registered on the portal, even if you do not plan to participate in the challenge!

Congratulations to the Pearsall ISD Employees of the Month for February

Norma Govea – PJH; Marcus Berrelez – DAEP; Maria Paredes – Cafeteria; Jared Kircher – TFE; Grace Medina – PHS; Jack Rindorf – Transportation; Maria Yanez - PI



Extracurricular Events

[Band Schedule](#)

[HS Powerlifting Schedule](#)

[HS Golf Schedule](#)

[HS Track Schedule](#)

[HS Baseball Schedule](#)

[HS Softball Schedule](#)

[Rank One Athletic Schedules -](#)

View all PISD (JH & HS)
Athletic Schedules

In the Community

[Pearsall Main Street First Friday](#)

Friday, March 1 @ 5:30PM

Pronto Insurance Parking Lot

104 North Oak Street

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